



Summer 2010 CLASS SCHEDULE



We incorporate CHARACTER COUNTS!, Six Pillars of Character and Gold Medal Children's Activity Center are service marks of the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics.
Website: www.charactercounts.org

BORN TO FLIP PROGRAM

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WW Walkers - 3		10:45	10:30	10:30		8:30
TT 2 - 3					10:30 Invitation only	
PP 3 - 4	10:00		9:45 3:30	9:45 3:30	9:45 5:00	9:15 / 10:30
CK 4 - 5	10:00 4:00	10:45 3:30	9:45 3:30	9:45 4:15	9:45 5:00	9:30 / 11:00
DT 5 - 6	4:15	4:15	4:15	5:00		9:45 / 10:00 11:15

LEARN TO FLIP PROGRAM

DAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beg. Girls	4:00 / 4:45	3:45 4:00 / 4:45	4:00 / 5:00	3:45 / 4:15 4:30 / 4:45	4:00 / 5:00	9:00 / 10:00 10:45
Int. Girls	5:00	5:00	5:00	4:30	4:00	11:00
Adv. Girls	5:00					
Beg. Boys		4:00	4:15	5:00		10:00
Int. Boys		4:00				
Tumbler Only						12:00
High School	6:00					

PLEASE NOTE:

All classes must have a minimum of 3 children enrolled for a class to exist.



2639 Terminal Blvd. Mountain View, CA 94043
Phone: 650 - 967 - 5581 / Fax: 650 - 967 - 7149
Website: www.twisterssportscenter.com

This class schedule will start on: 06/14/2010
Combo Classes in **BOLD**

RECREATIONAL GYMNASTICS FOR GIRLS & BOYS (AGES 7 AND OLDER)

Our recreation program for boys and girls 6 and older is designed to provide your child with a challenging, fun and positive gymnastics experience. We are committed to developing the self-esteem of all our students, regardless of age or ability. All programs are designed by the USA Gymnastics National Team Staff for the years 2005-2011. Your child will gain strength and flexibility in order to progress from basic to advance gymnastics skills. Twisters believes that this curriculum, combined with the Character Counts Program, will help your child build a healthy and character driven lifestyle.

55 min. / \$86.00 Auto Pay / \$81.00
Adv. / \$170.00 Auto Pay / \$165.00

TUMBLE ONLY CLASS (AGES 9 AND OLDER)

This is a great opportunity for cheerleaders, performers, break dancers, extreme athletes, martial artists, and all those who just want to learn to flip. This class will focus on developing the proper body mechanics behind basic through advanced tumbling. The class will be headed by a highly qualified instructor in a safe well-equipped facility.

55 min. / \$86.00
Auto Pay / \$81.00

HIGH SCHOOL CLASS (GRADES 9 - 12)

This is a great opportunity for teens who are interested in gymnastics and for those competitive high school gymnasts who want to train all year long. The class will be lead by a highly qualified instructor in a safe and well-equipped facility.

60 min. / \$86.00
Auto Pay / \$81.00

PRESCHOOL GYMNASTICS FOR GIRLS & BOYS (AGES WALKERS to 6)

As an introduction to gymnastics, Twisters Sports offers a range of special motor skill classes with a clear emphasis on the joy of movement. Preschoolers develop listening skills, body control, and social interaction in an educational environment. They also learn to master basic gymnastics terminology, positions, and flexibility that will enhance their overall fitness. Twisters educated staff is trained to provide your child with new and exciting challenges each week.

Walking Wonder (walking - 3)

This class is designed for children walkers to 3 years in an effort to enhance motor development and encourage a love of physical fitness. (We rely on our instructors to make this happen). Students and parents are introduced to gymnastics concepts and equipment in these classes. It will help your child develop muscle coordination, body control, and social interaction in an educational environment. (Parent Participation Required)

45 min. / \$60.00
Auto Pay / \$55.00

Teeter Toddler (ages 2 - 3) All by-Myself

This class welcomes toddlers ages 2-3 who have the independence to follow instruction without parental assistance. They show proper social interaction, and their listening skills allow them to learn in a dynamic atmosphere. Please note that this class is an invitation only class.

45 min. / \$65.00
Auto Pay / \$60.00

Preschool Player (ages 3 - 4)

In this class, preschoolers will experience class structure in a safe and fun environment that further enhances motor skills, coordination, and self-confidence. Your child will be learning the most fundamental gymnastics skills from trained instructors.

45 min. / \$70.00
Auto Pay / \$65.00

Cartwheel Kinder (ages 4 - 5)

Cartwheel Kinders further expand physical, mental, and social development. They will learn basic gymnastics terminology, positions, and skills. Children are carefully spotted until they can complete the skill successfully.

45 min. / \$70.00
Auto Pay / \$65.00

Dyno Tumbler (ages 5 - 6)

This class offers 5 and 6 year olds the opportunity to transition a young child from preschool to our recreational level classes. Students will continue to develop basic coordination & gymnastics skills, self-esteem, and social skills, with an emphasis on safety & fun.

45 min. / \$70.00
Auto Pay / \$65.00